

Emergency Preparedness

Active Shooter

Top Way to die at work

#1 Car wreck

Tied for #2 & #3

Falling and workplace violence are tied

Workplace violence is the #1 cause of death for women!

As a company we can
prevent this....



Don't hope it will be okay, make a plan!

We can't count on our heros!



When to speak up?

- ◉ When something makes you feel uncomfortable
- ◉ If you ever think you should tell someone

It's okay to sound the alarm.

Do NOT wait until people have died!

FBI Study of 63 Active Shooters (2000-2013)

- 77% of the shooters spent a week or more planning attack
- In the months prior, shooters experienced an average of 3.6 separate stressors
- Each shooter averaged 4 to 5 concerning behaviors:
 - mental health
 - problematic interpersonal interactions and
 - leakage of violent intent

Warning Signs

- Anti-Social Behaviors
- Vindictiveness
- Victim Mentality
- Extreme Paranoia
- Uncontrollable mood swings
- Violent Thoughts
- Controlling Personality
- Difficulty Holding Jobs
- Strange Behavior
- Unhealthy Habits



Pumped up kicks.m4a

RUN...RUN...RUN!!!

- Have at least two escape paths in mind

MANDALAY BAY:
Suspect shot at
festival crowd from
32nd floor of hotel



Broken windows
on 32nd floor



BBC

RUN...RUN...RUN!!!

- ◉ Check corners
- ◉ Use your camera to look down a hall
- ◉ Window escape

School Board Meeting

- https://www.youtube.com/watch?v=WeVSDyUES_M



HIDE

- Only if the suspect is between you and the exit
- Barricade yourself in a secure room
- Silence phone
- Prepare to fight

FIGHT

- Determine the blind spot in the room
- Attack the shooters head and face
- Ambush the shooter with two people
 - One will attack
 - One will grab the shooters arms while pulling down and away
 - **ROLE PLAY TIME!!**

Reasons why gun battles are discouraged

- The shooter usually has bigger guns and more ammunition
- Trained law enforcement are only 20% accurate
- Do you really want to be a person holding a gun when the police arrive?

Options for notifying others

- Yell to others around you
- RedPanicButton app
- Click the right arrow on your desk phone, 'All Page' will appear to be selected for an intercom announcement.



Emergency Preparedness

- Evaluate workspace
- Determine best path options
- Determine necessary items
- Conduct practice drills
- How will others be notified?
- Designate meeting place